

City of Revelstoke - Parks, Recreation and Culture

LEISURE GUIDE


SUMMER 2018

Revelstoke Community & Aquatic Centre
600 Campbell Ave 250.837.9351 www.revelstoke.ca

Photo Credit: Ramona Shaw

TABLE OF CONTENTS

COMMUNITY CENTRE	2-9
Facility Info/Registration	2-3
Meeting Rooms/Weddings/Birthdays	4-5
Financial Assistance	6-7
Fitness Centre & Classes	8-9
AQUATIC CENTRE	10-19
Aquaducks Swim Club	10
Facility Info/Passes/Services	11-13
Swimming Lessons	14-17
Advanced Aquatic Programs	18-19
CHILDREN & YOUTH	20-33
Community Centre Childcare	20
Early Childhood Development	21
Kids' Programs	22-23
Revelstoke Child Care Society	24-25
Eureka Science Camp	26
OC Camps	27
Banner Program	27
Screen Smart	28
RVAC Art Camp	28
RPAC Circus Camp	29
Community Connections Day Camp	30
Revelstoke Baptist Day Camp	30
Community Connections Programs	31
Summer Camp Calendar	32-33
ARTS & CULTURE	34-37
Revelstoke Railway Museum	34
Art Classes - Barbara Maye	35
Cheesemaking - Paula Maddison	36
Revelstoke Museum & Archives	37
SPORTS & WELLNESS	38-44
Recreation Clubs Contacts	38
Revelstoke Shotokan Karate Club	39
Tennis Camp	39
British Soccer Camp	40
Paddlesport Classic	40
Flo Soccer Camp - Alliance Church	41
Bike to Work Week	42
Special Olympics BC	42
Wandering Wheels Bike Camps	43
Skookum Cycle & Ski Gear	43
Just for Kicks Dance Studio	44
Balu Yoga	44
COMMUNITY INFO & EVENTS	45-47
Community Info:	45
LFI, RCU Run & Bear Aware	
Summer Calendar of Events	46-47



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520 2nd Street W.
Revelstoke, BC
Phone: 250-837-2519
Fax: 250-837-6219
Email: rbattersby@rctvonline.net

NEXT LEISURE GUIDE

FALL 2018

All advertisements for upcoming events, programs, or businesses are due no later than Friday July 6. The publication will run from September 1 - December 31 for the Fall season. For information on sizes, prices, or other inquiries, contact:

Meghan MacIsaac
Recreation Facility & Program Coordinator
250-837-9351 prc@revelstoke.ca

MASS REGISTRATION

Our annual Mass Registration will take place:
Wednesday September 6, 2018

All recreation groups, clubs, organizations and affiliates welcome!

If you would like to book a table
or have any questions, please contact us:

250-837-9351 prc@revelstoke.ca

COMMUNITY CENTRE HOURS

Summer: June 4 – October 1, 2018

Monday - Friday	8:00am - 9:00pm
Saturday	12:00pm - 8:00pm
Sunday	12:00pm - 8:00pm
Statutory Holidays	1:00pm - 4:00pm
Canada Day Holiday	2:00pm - 5:00pm

WE'RE ONLINE!

For more information on programs or our facility,
browse our website at: www.revelstoke.ca

Stay up to date on our upcoming programs and
information about community events by following
us on Facebook & Instagram.

 City of Revelstoke-Parks, Recreation and Culture

 @RevelstokeParksandRec

MEET OUR STAFF

Laurie Donato
Department Director

•••••
Meghan MacIsaac
Facility & Program
Coordinator

•••••
Michael Esau
Aquatic Centre
Supervisor

Troy Biggs
Buildings,
Maintenance Supervisor

•••••
Valene Kolt
Parks/Arena
Foreman

REGISTRATION

Registration:

****Payment due at time of registration****

1. **In Person:** 600 Campbell Ave. - Revelstoke Community Centre.
2. **Phone:** 250-837-9351 - Credit card registrations are accepted via phone by our friendly and accommodating staff.
3. **Email:** prc@revelstoke.ca with details and we can set you up accordingly
4. **Online Registration:** www.revelstoke.ca

Don't Wait....Register Early!

We recommend registration be made no later than 3 days prior to the class. Sometimes excellent courses are cancelled if everyone waits until the last minute to register. Please don't leave your registration too late and be disappointed.

Please Note:

*Swim lessons are determined
1 week prior to start date.*

Program Refunds:

The Revelstoke Parks, Recreation & Culture Department wants you to enjoy your recreation experience. For a full program refund, we require a minimum of one week's notice prior to the start of the class. If you must cancel within one week of the start date, a \$15 cancellation fee will apply. There is no fee to transfer to another program or class. Refunds are not given after the program begins unless circumstances are beyond the individual's control. FULL refunds are given if the Revelstoke Parks, Recreation & Culture Department cancels the program.

Please Note:

- Some refunds may take up to three weeks to process.
- ! • Online processing fees **cannot** be refunded.



"Have a safe, fun, and amazing summer!"

- Parks, Recreation & Culture Staff
City of Revelstoke

FACILITY INFO

Meeting Room Rentals:

We offer a variety of different meeting rooms for various uses such as workshops, business meetings, tutoring and both formal and informal gatherings. Rates vary according to requirements with both hourly and daily rates are available.

Hall Rentals:

The Community Centre offers an excellent facility for banquets, weddings, tradeshow, large meetings, and conferences that can accommodate up to 400 people banquet-style. A full commercial kitchen is available with a roll up bar window. We provide staging, tables, (banquet-style or round) A/V and sound systems, internet connection and large pull down screens. Limited Wi-Fi throughout the building is also included.

Meeting Room Options:

We have two different rooms to accommodate groups from 10 to 40 people. Tables and chairs are included in the rental. A/V is available for an extra charge.

Weddings:

We offer beautiful, scenic riverside and park space wedding locations plus facility rentals for your big day. Wedding bookings should be made at least 6 months to 1 year in advance to guarantee a rental at the Revelstoke Community Centre.

To receive an information package or to make a reservation for your special day, please contact us:
250-837-9351 prc@revelstoke.ca

Deposits & Cancellations:

All large bookings for meeting rooms require a contract and \$250 deposit. Kitchen rentals also require a separate contract and \$200 deposit. In order to receive a full deposit refund, a minimum of 14 days' notice must be provided. For cancellations received less than 2 weeks before the booked date, one half of the deposit is forfeited. Less than 1 week notice and the entire deposit is forfeited. In-kind bookings who forfeit their meeting room will be subject to a \$15 administration fee. A \$15 administration charge will also be applied to any cancellation where less than 2 weeks is given.

Equipment Rentals:

Hosting a special event at home? We have tables, table cloths and chairs that can be rented out.

Commercial Kitchen Rentals:

We have a large commercial kitchen available to rent. There are four ovens, two stove tops, two flat tops and a dishwasher. It is fully equipped with pots, pans, and place settings. Rentals are based on a daily rate.

Note: It is mandatory for at least one person to have a Food Safe Certificate. If you are serving hot prepared food to the public you will require a temporary food service permit through Interior Health.

Visit: www.interiorhealth.ca/YourEnvironment/-FoodSafety/Pages/Permits.aspx

Dance Studio:

We have a beautifully finished dance studio complete with mirrored walls and wooden sprung floor. Come host a dance or fitness class here at our facility.



BIRTHDAY PARTIES

****We recommend birthday parties requiring leaders be booked 2 weeks in advance.****

Wet & Wild Birthday Party:

7 - 12 years

Get 'Wet & Wild' with your friends and celebrate your birthday in the pool! Your party booking includes a room for \$35.00 & discount swim rates for children.

Cost: \$3.00 per child, \$5.75 per adult

Preschool Birthday Party:

3 - 6 years

(Maximum 8 children - if more we'll chat)

Children under the age of 6 including 1 parent in the water can celebrate their birthday in the beach area of the pool! Shallow water fun with a party leader complete with games, toys, songs and more for 1 hour. Your party booking includes the use of a room for cake, goodies and gift opening.

Cost: \$67.00, Additional adults \$3.00

Just want a room?:

We have large and small rooms available for rent. Keep your house mess-free and let them play here!

Cost: \$10.50-\$26.25 per hour includes tables and chairs.

SKATING PARTIES

Skating Birthday Parties:

Hit the ice with your friends and celebrate your birthday on skates! Your party booking includes admission to the arena, skate rental and use of the lobby area to set up tables and chairs for snacks and cake.

Cost: \$28.00 per hour for a party during public skate time. \$53.50 per hour for a party held outside public skate times.

Contact us to book your party:

250-837-4040 arena@revelstoke.ca



Bouncy Castle Available for Rent!

Ages: 3 - 10yrs

Cost: \$50 with a \$100 refundable damage deposit.

Please note liability insurance is required with rental, approx. \$10.

Go to: <https://bc.events.insure> - for easy online insurance.

FINANCIAL ASSISTANCE

**FOR RECREATION AND CULTURE PROGRAMS**

The City of Revelstoke Parks, Recreation & Culture Department believes that every child should have the opportunity to enjoy and play sports. Research shows that participation in recreation improves health, life skills, teamwork, socialization and goal setting in children and youth. We want to make sure you know about the opportunities available to ensure all children have access to recreation and cultural activities.

**COR Recreation Passes:**

The City of Revelstoke through Council support, offers free annual recreation passes and 50% subsidy on certain recreation programs to low income residents. Please contact Community Connections to determine your eligibility requirements:

250-837-2920 info@community-connections.ca

**Revelstoke's Youth Access Fund (YA Fund):**

This fund was established to ensure all youth have equal opportunity to participate in sports, recreation, arts and culture programs, events and activities. The YA fund was designed to help remove financial barriers (including registration fees, equipment, transportation and other costs associated with participation), for youth from low and modest income families to participate in activities that they would otherwise not be able to.

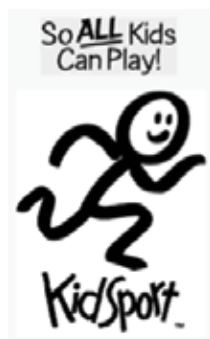
See Details ►►►

KidSport BC:

The KidSport concept was hatched in 1993 by board and staff at Sport BC as a way to help address the challenges faced by many families when registering their children in organized sport. Their mission is to remove financial barriers that prevent children from playing organized sports! Check online for more information and how to apply:

www.kidsportcanada.ca/british-columbia/apply-for-assistance/

or call: 604-333-3434

**Jumpstart:**

Jumpstart gives kids a sporting chance. Participating in sport not only helps the physical and social well-being, but helps build self-esteem. By helping kids get into the game, we are equipping them with determination.

This confidence goes beyond practices and games. No kid should be left on the side lines but in Canada 1 in 3 families cannot afford to enroll their kids in organized sports. Jumpstart is here to help.

Families requiring assistance need to fill out the application before the fees are due, as money goes directly to the organization. Applications can be submitted from January 1 - November 1.

Check online for application forms and more information or call: 1-844-YES-PLAY.

<http://jumpstart.canadiantire.ca/en/what-we-do/want-to-apply>



Giving kids a sporting chance.



The Stoke Youth Network was designed by youth for youth, focused on increasing opportunities for meaningful youth engagement in Revelstoke!

Revelstoke's Youth Access Fund

Background & Program Summary

Revelstoke's Youth Access Fund, (YA Fund) was established in 2014 as a way to ensure all youth have equal opportunity to participate in sports, recreation, arts and cultural programs, events and activities. The YA Fund is designed to help remove financial barriers, (including registration fees, equipment, transportation and other costs associated with participation), for youth from low and modest income families to participate in activities that they would otherwise not be able to do.

Participant Eligibility

Youth between the age of 6-19 years old, who are residents of Revelstoke and whose family exhibit financial need are eligible.

Referral Process

To access the fund, a potential participant, parent, or guardian should contact one of the following agencies:

<p>Community Connections Revelstoke Society 250 837 2920</p>  <p>Contact: Megan Shandro (ext.25) mshandro@community-connections.ca</p>	<p>Child Care Resource & Referral (CCRR)</p>  <p>250 837 6669 Contact: Linda Chell revelstokeccrr@live.ca</p>	<p>Ministry of Children & Family Development</p>  <p>250 837 7612 Contact: Melonie Jensen Melonie.Jensen@gov.bc.ca</p>	<p>School District #19</p>  <p>School District 19 (Revelstoke)</p> <p>Contact your local school Principal (during the school year)</p>
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Working in Partnership - Building the Fund

Working in partnership is key in ensuring youth have access to positive and meaningful recreation activities. Individuals, businesses, and groups wishing to contribute to the Youth Access Fund are encouraged to do so by making a direct donation to the Revelstoke Community Foundation, (Youth Access Fund). Donations can be dropped off at the Business Information Centre, (301 Victoria Road) or mailed to the Revelstoke Community Foundation, Box 2398, Revelstoke, BC, V0E 2S0.

Questions

To find out more about the YA Fund or if you have any questions in general, please contact the Youth Liaison, Leslie Hogg via the Stoke Youth Network by emailing: info@stokeyouthnetwork.ca.

Acknowledgements

Thank you for the generous support from the community of Revelstoke, the Revelstoke Community Foundation, Community Futures Revelstoke, the Columbia Basin Trust and all other Youth Access Fund partners!



FITNESS CENTRE

We have a Fitness Centre for your use before or after your swim. Our equipment offers 2 treadmills, 5 elliptical machines and 3 bicycles. A universal gym and free weights are also available.

Admission rates are the same as the Aquatic Centre or you can purchase a combined pass for extra savings. We have a variety of pass options available, be sure to ask for more information at the front desk.

****Children under the age of 13 are not permitted in the gym without adult supervision.****

Fitness Centre Hours of Operation

Summer: June 4 – October 1, 2018

Monday - Friday	8:00am - 9:00pm
Saturday	12:00pm - 8:00pm
Sunday	12:00pm - 8:00pm
Statutory Holidays	1:00pm - 4:00pm
Canada Day Holiday	2:00pm - 5:00pm

Electronic Punch Cards:

Electronic Punch Cards can be used for both the Aquatic Centre and the Fitness Centre. Scan in and easily reload your card when you're all out!

SUMMER FITNESS CLASSES

We are now offering ONE fitness pass to access ALL our fitness classes! These passes won't expire for 1 year - go ahead and purchase the 24 pack for the most savings.

6 x card	\$75
12 x card	\$126
18 x card	\$157
24 x card	\$195
Drop-In	\$14 (\$10 - Teens & Seniors)

All those with memberships can sign in to their preferred classes for the week to ensure a spot.

If spots are available,
we will open the class to drop-ins.

CLASSES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<i>Aquafit</i>		9-10am Low Impact		9-10am Low Impact
<i>Early Morning Weights</i>				6-7am
<i>Powerfit</i>				6-7pm
<i>Tabata</i>		5:15-6pm		
<i>Zumba Strong</i>	6-7pm			
<i>Zumba</i>			6-7pm	

FITNESS CLASSES

AquaFit

Ongoing Thru to Fall

Low Impact - Suited for those who prefer a low impact workout in both shallow and deep water. Enjoy the challenges and rewards of water workouts in the Lap and Leisure Pool.

June 5 - July 31

This is a great way to get up and get going in the mornings. A certified fitness and weight instructor will introduce you to free weight and body weight exercises that will enhance your overall health and wellness while improving your strength.



June 7 - July 27

Beginner or avid fitness enthusiasts will find they are FIT for this workout. Packed with fun and energizing activity that may include circuit training, strength and conditioning, core and stability, obstacle course agility challenge, power sports drills, martial arts and more.



June 6 – July 25

This workout in disguise has unique physical and mental health benefits. Zumba's movements increase core and trunk strength while improving balance. By joining a Zumba class, you'll improve coordination and have fun, all while getting a full body workout.

TABATA TUESDAY

June 5 - July 31

This workout is a form of high intensity interval training designed to get your heart rate up in that very hard anaerobic zone for short periods of time. By doing this, you train all of your energy systems, something that regular cardio workouts usually don't do. Not only does that make you more fit, it helps you burn more calories both during and after your workouts. The reason this type of HIIT workout works so well is because of the work-to-rest ratio. You only get 10 seconds of rest between each 20 second bout of exercise. That very short interval isn't enough to allow you to fully recover, which is one reason it's great for building endurance and getting you in shape.

June 4 - July 30

Stop counting the reps. Start training to the beat. STRONG by Zumba® combines body weight, muscle conditioning, cardio and plyometric training moves synced to



original music that has been specifically designed to match every single move. Every squat, every lunge, every burpee is driven by the music, helping you make it to that last rep, and maybe even five more. In a one-hour class you will burn calories while toning arms, legs, abs and glutes. STRONG by Zumba® instructors change up the music and move frequently to make sure you're always challenged to the max.

Revelstoke Aquaducks

Summer Swim Club Registration 2018

The Revelstoke Aquaducks offers a fantastic summer program with benefits for everyone, from the smallest duckling just learning to swim, to swimmers competing in their first races, to our provincial qualifying athletes. In addition to the usual practice schedule, swimmers will enjoy a number of team activities such as swim meets, pot-luck dinners, cheer practices, and a Challenge Week packed with fitness and fun.

SUMMER REGISTRATION:

Register online any time at <http://www.teampages.com/clubs/5211> or come to the Community Centre on Monday, April 9th from 4 – 7 pm to speak with our Registrar and see Swim Suit and T-shirt samples

****Free Swim Cap for each swimmer registered****

For more information contact our Registrar Christina Griffith-Wallwork (837-8851)



SCHEDULE:

Turtle	3:30-4:00 PM Mon/Wed OR Tues/Thurs OR all 4 days (Child must be 5 yrs. old by Dec. 31/18)
Novice	4:00-5:00 PM Mon-Thurs (& Fri in May), Optional Wed 7-8 am
Junior	4:00-5:00 PM Mon-Thurs (& Fri in May), Optional Wed & Fri 7-8 am
Intermediate & Senior	5:00-6:30 PM Mon-Thurs (& Fri in May), and Tues/Thur./Fri 7-8 am This training group is for Division 4 and older
Alumni & Adult	5:00-6:30 PM Mon-Thurs (& Fri in May), and Tues/Thur./Fri 7-8 am Maximum 3 swims/week, Alumni are for returning Ducks Gr 12 and older

No practices on Statutory Holiday Mondays (May 21, July 2, August 6). Please refer to the Calendar on our webpage for a complete schedule and dry land training times.

FEES:

	FULL SUMMER		FULL SUMMER	HALF SUMMER	
	May 1-Aug 14		3 days/wk	May 1-June 22	June 25-Aug 14
TURTLE	\$255 2 days/wk	\$310 4 days/wk	Not Available	\$185/2 days/wk	
NOVICE, JUNIOR INTERMEDIATE, & SENIOR	\$365		\$280	\$240	
ALUMNI	\$255		Not Available	Not Available	
ADULT	\$295		Not Available	Not Available	

FUNRAISING REQUIREMENTS:

Our fundraising options this summer are Save on Foods Cards, a Bottle Drive (May 26), and evening Bottle Sorts (dates TBA). Turtles and Half Summer swimmers need to complete one fundraiser (\$75 post-dated cheque is required). All other swimmers need to complete two fundraisers (Two separate \$75 post-dated cheques are required). Cheques will be collected on the April 9th Registration night or at the "Meet the Coaches" Potluck Dinner (5:30 pm on April 30th) at the Community Centre.

AQUATIC CENTRE

Come check out our Aquatic Centre which features a 25 metre lap pool, diving board, waterslide, rock wall as well as leisure pool, lazy river, tots pool, hot tub, steam room and sauna. The Aquatic Centre is a great place for family fun, exercise and relaxation but it can be a great place for therapy and physiotherapy.

Contact us for more information: 250-837-9351 aquatic@revelstoke.ca

Aquatic Centre Hours of Operation

Summer: June 4 – October 1, 2018

Monday - Friday	8:00am - 9:00pm
Saturday	12:00pm - 8:00pm
Sunday	12:00pm – 8:00pm
Statutory Holidays	1:00pm – 4:00pm
Canada Day Holiday	2:00pm - 5:00pm

September Shut Down

September 10 - October 1, 2018

The Aquatic Centre will be closed for approximately three weeks for annual maintenance. The Community Centre and Fitness Centre will remain open during this time.



Lap Swimming Etiquette 101:

Swimmers arriving at a pool should do three things before entering the water:

1. Make note of lane signage (Fast, Medium, Slow, Closed, etc.)
2. Spend a few minutes observing and roughly timing the pace of swimmers already in the pool.
3. Select a lane containing swimmers moving as closely as possible to the pace that one realistically expects to swim throughout his or her entire workout.

Once you choose a lane, carefully check the position and speed of other swimmers before entering, preferably to one side of the lane. Incumbent swimmers have an initial right of way and may need a lap or two to adjust to your presence.

During a swim, swimmers should observe and respect the pace and workout routines of other swimmers in their lane by:

1. Staying constantly aware of other swimmers' presence (eg. Move up a lane if you are constantly passing swimmers or down a lane if you are constantly being passed).
2. Explicitly informing other swimmers of your intentions (eg. Gently but distinctly touch the feet of a swimmer before you pass them. If you get touched, continue to the wall then stop in the corner to let the faster swimmer pass).
3. Knowing the common lap swimming etiquette (eg. Allow swimmers doing faster strokes to swim ahead).
4. Applying common sense at all times (eg. Share the space as best you can...no one has a right to "own" a lane indefinitely or insist on their own idiosyncratic rules.)

The nature of lap swimming is incredibly dynamic and can change many times throughout a single workout. When in doubt, communicate with people in your lane and, if all else fails, ask the lifeguard. It is not the role of a lifeguard to constantly "police" the lanes, but they are happy to answer questions about common conventions and provide suggestions for possible solutions.

PASS OPTIONS

Single Admission	Price	Combo Fitness/Pool
Under 3 & 80+	FREE	N/A
Child 3-12	\$3.50	N/A
Teen 13-18	\$4.25	\$6.25
Adult 19-64	\$5.75	\$8.75
Senior 65+	\$4.25	\$6.25
Family	\$13.75	\$20.50
12 x Punchcard	Price	Combo Fitness/Pool
Under 3 & 80+	FREE	N/A
Child 3-12	\$35.00	N/A
Teen 13-18	\$42.50	\$62.50
Adult 19-64	\$57.75	\$87.50
Senior 65+	\$42.50	\$62.50
Family	\$137.50	\$200.50
1 Month Pass	Price	Combo Fitness/Pool
Under 3 & 80+	FREE	N/A
Child 3-12	\$34.25	N/A
Teen 13-18	\$43.00	\$64.50
Adult 19-64	\$59.00	\$88.00
Senior 65+	\$43.00	\$64.50
Family	\$136.50	\$190.95
3 Month Pass	Price	Combo Fitness/Pool
Under 3 & 80+	FREE	N/A
Child 3-12	\$80.50	N/A
Teen 13-18	\$100.25	\$149.75
Adult 19-64	\$141.75	\$212.75
Senior 65+	\$100.25	\$149.75
Family	\$346.50	See 6 month pass
6 Month Pass	Price	Includes:
Under 3 & 80+	FREE	Unlimited access to: Aquatic Centre, Fitness Centre, Public Skating
Child 3-12	\$134.00	
Teen 13-18	\$199.50	
Adult 19-64	\$257.25	
Senior 65+	\$199.50	
Family	\$457.75	
Annual Pass	Price	Includes:
Under 3 & 80+	FREE	Unlimited access to: Aquatic Centre, Fitness Centre, Public Skating
Child 3-12	\$189.00	
Teen 13-18	\$257.25	
Adult 19-64	\$346.50	
Senior 65+	\$257.25	
Family	\$656.25	
2 Seniors in Family	\$447.60	
2 Adults in Family	\$603.75	

SERVICES

Punch Cards:

Ask our staff for a PUNCH CARD. Your pre-paid card can be reloaded time and time again.

12 entries for the price of 10!

After 10 uses your next 2 visits are FREE.

Please note: There is a \$11.00 replacement fee for lost or stolen Recreation ID pass cards.

Towel Rentals:

Available at reception for \$2.00 cash. All proceeds are donated each month to local organizations or charities.

Locker Tokens:

We always recommend locking up your valuables. Tokens can be purchased for \$1.00.*

**Passholders receive 50% off tokens when purchasing 10 or more!*

Merchandise:

We sell a variety of pool supplies for babies, children, youth and adults. A few items you may need while using our facility include:

Swim Caps - (Latex, Lycra, Silicone)
Nose and Ear Plugs
Goggles
Swim Diapers

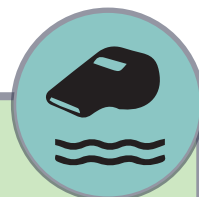
**Private Swim Lessons**

Available at \$35.00 per ½ hour
2nd child \$5.00 extra**

**Swimmers must be only one level ability difference

Book a time that is convenient for you!

call: 250-837-9351 email: aquatic@revelstoke.ca

**Instructor Opportunity**

Are you an experienced aquatic instructor interested in teaching?

We are always looking for aquatic program instructors for our annual programs. We are open to new ideas and lots of energy and enthusiasm.

Contact us for more details.



Get your FREE membership with:

Identification
Proof of a local mailing address

Free services for members & non-members:

Children & adult programs & events
Internet access: 3 computers & wifi
Digital resources
Private multi-purpose meeting room
Exam proctoring

See our webpage for programs and event details:

www.orl.bc.ca/branches/revelstoke

Follow REVELSTOKE LIBRARY
on Twitter and Facebook

Contact us at:
250-837-5095 or revelstoke@orl.bc.ca

Hours of Operation:

Tuesday	1:00pm - 8:00pm
Wednesday	1:00pm - 7:00pm
Thursday	10:00am - 4:00pm
Friday	10:00am - 5:00pm
Saturday	10:00am - 5:00pm



Medical Bus:

250-837-3888

Tuesdays: Salmon Arm/Kamloops
Wednesdays: Vernon/Kelowna



Community Centre Stop
Departs at Precisely 8:00am

SPECIAL OFFERS



Super Senior Pass

To celebrate all our Super Seniors who use our facilities here at the Community and Aquatic Centre, we are offering a Super Senior Pass!

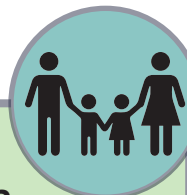
We now offer 2 seniors in the same family an annual pass at a discounted rate.

All Seniors 80+ now receive FREE annual memberships to the Aquatic & Fitness Centre.

We encourage you all to get out and stay active!

T.I.M.E. Program

We will be hosting another series of sessions for TIME ("Together in Movement and Exercise") for those with mobility and balance issues. Stay tuned for more details!



Mother's Day and Father's Day Specials

We are celebrating all Fathers and Mothers on their special day. Come in with your kids or grandkids and Moms & Dads swim for FREE!

Mother's Day: Sunday May 13, 2018

Father's Day: Sunday June 17, 2018

RED CROSS SWIM PRESCHOOL

Session #1: Tuesday / Thursday, May 15 - June 7
 Session #2: Tuesday - Friday, July 3 - July 13
 Session #3: Tuesday- Friday, July 24 - August 3
 Session #4: Tuesday - Friday, August 14 - August 24



Give your child the gift of aquatic fun and swimming at an early age. Songs, games and introductory swimming skills will make your child comfortable and happy in the water. Each level is built around an aquatic animal mascot, which makes lessons engaging and fun. The Instructor uses progressive teaching techniques adapted to each child and provides constant feedback and encouragement.



*Starfish / Duck / Sea Turtle (Parent & Tot lessons) - 4 - 36 months

Session #1	May 15 – June 7	Tuesday / Thursday	9:00 – 9:30 AM	\$57.75
July	July 3 - July 26	Tuesday / Thursday	5:30 - 6:00 PM	\$57.75
August	July 31 - August 23	Tuesday / Thursday	12 noon - 12:30 PM	\$57.75

*Starfish, Duck & Sea Turtle are age AND participation based and an accompanying parent or guardian is required.

Sea Otter (3-5 years)

Session #1	May 15 – June 7	Tuesday / Thursday	4:00 – 4:30 PM	\$57.75
Session #1	May 15 – June 7	Tuesday / Thursday	9:30 – 10:00 AM	\$57.75
Session #2	July 3 – July 13	Tuesday – Friday	10:00 – 10:30 AM	\$57.75
Session #2	July 3 – July 13	Tuesday – Friday	11:00 – 11:30 AM	\$57.75
Session #3	July 24 – August 3	Tuesday – Friday	10:00 – 10:30 AM	\$57.75
Session #3	July 24 – August 3	Tuesday – Friday	11:00 – 11:30 AM	\$57.75
Session #3 (Evening)	July 24 – August 3	Tuesday – Friday	6:00 – 6:30 PM	\$57.75
Session #4	August 14 – August 24	Tuesday – Friday	10:00 – 10:30 AM	\$57.75
Session #4	August 14 – August 24	Tuesday – Friday	11:00 – 11:30 AM	\$57.75

**Please register at least a week in advance to avoid cancellation of classes.
 Late registrations (after first day) will not be accepted.**

RED CROSS SWIM PRESCHOOL



Salamander (3-6 years)

Session #1	May 15 – June 7	Tuesday / Thursday	10:00 – 10:30 AM	\$57.75
Session #1	May 15 – June 7	Tuesday / Thursday	4:00 – 4:30 PM	\$57.75
Session #2	July 3 – July 13	Tuesday – Friday	10:30 – 11:00 AM	\$57.75
Session #3	July 24 – August 3	Tuesday – Friday	10:30 – 11:00 AM	\$57.75
Session #3 (Evening)	July 24 – August 3	Tuesday – Friday	6:00 – 6:30 PM	\$57.75
Session #4	August 14 – August 24	Tuesday – Friday	10:30 – 11:00 AM	\$57.75

Sunfish (3-6 years)

Session #1	May 15 – June 7	Tuesday / Thursday	10:30 – 11:00 AM	\$57.75
Session #1	May 15 – June 7	Tuesday / Thursday	4:00 – 4:30 PM	\$57.75
Session #2	July 3 – July 13	Tuesday – Friday	11:00 – 11:30 AM	\$57.75
Session #3	July 24 – August 3	Tuesday – Friday	11:00 – 11:30 AM	\$57.75
Session #3 (Evening)	July 24 – August 3	Tuesday – Friday	6:30 – 7:00 PM	\$57.75
Session #4	August 14 – August 24	Tuesday – Friday	11:00 – 11:30 AM	\$57.75

Crocodile / Whale (3-6 years)

Session #1	May 15 – June 7	Tuesday / Thursday	11:00 – 11:30 AM	\$57.75
Session #1	May 15 – June 7	Tuesday / Thursday	4:30 – 5:00 PM	\$57.75
Session #2	July 3 – July 13	Tuesday – Friday	11:30 AM – 12 noon	\$57.75
Session #3	July 24 – August 3	Tuesday – Friday	11:30 AM – 12 noon	\$57.75
Session #3 (Evening)	July 24 – August 3	Tuesday – Friday	6:30 – 7:00 PM	\$57.75
Session #4	August 14 – August 24	Tuesday – Friday	11:30 AM – 12 noon	\$57.75

RED CROSS SWIM KIDS

Help your child develop a healthy lifestyle through swimming. Your child will learn to swim and stay safe in a fun environment that promotes a personal best and celebrates individual success.

Children learn swimming and survival strokes and build their distance and speed while focusing on making safe decisions in, on and around the water.

Swim Kids 1

Session #1	May 15 – June 7	Tuesday / Thursday	3:30 – 4:00 PM	\$57.75
Session #1	May 15 – June 7	Tuesday / Thursday	4:30 – 5:00 PM	\$57.75
Session #2	July 3 – July 13	Tuesday – Friday	10:00 – 10:30 AM	\$57.75
Session #3	July 24 – August 3	Tuesday – Friday	10:00 – 10:30 AM	\$57.75
Session #3 (Evening)	July 24 – August 3	Tuesday – Friday	6:30 – 7:00 PM	\$57.75
Session #4	August 14 – August 24	Tuesday – Friday	10:00 – 10:30 AM	\$57.75

Swim Kids 2

Session #1	May 15 – June 7	Tuesday / Thursday	3:00 – 3:30 PM	\$57.75
Session #2	July 3 – July 13	Tuesday – Friday	10:30 – 11:00 AM	\$57.75
Session #3	July 24 – August 3	Tuesday – Friday	10:30 – 11:00 AM	\$57.75
Session #3 (Evening)	July 24 – August 3	Tuesday – Friday	6:30 – 7:00 PM	\$57.75
Session #4	August 14 – August 24	Tuesday – Friday	10:30 – 11:00 AM	\$57.75

Swim Kids 3

Session #1	May 15 – June 7	Tuesday / Thursday	3:00 – 3:30 PM	\$57.75
Session #2	July 3 – July 13	Tuesday – Friday	10:30 – 11:00 AM	\$57.75
Session #3	July 24 – August 3	Tuesday – Friday	10:30 – 11:00 AM	\$57.75
Session #3 (Evening)	July 24 – August 3	Tuesday – Friday	7:00 – 7:30 PM	\$57.75
Session #4	August 14 – August 24	Tuesday – Friday	10:30 – 11:00 AM	\$57.75

Don't know which level to put your child in?
Stop by for a level assessment with one of our instructors.

Are you an adult interested in swim lessons? Email us at: aquatic@revelstoke.ca

RED CROSS SWIM KIDS

Session #1: Tuesday / Thursday, May 15 - June 7
 Session #2: Tuesday - Friday, July 3 - July 13
 Session #3: Tuesday- Friday, July 24 - August 3
 Session #4: Tuesday - Friday, August 14 - August 24



Swim Kids 4

Session #1	May 15 – June 7	Tuesday / Thursday	3:00 – 3:30 PM	\$57.75
Session #2	July 3 – July 13	Tuesday – Friday	10:30 – 11:00 AM	\$57.75
Session #3	July 24 – August 3	Tuesday – Friday	10:30 – 11:00 AM	\$57.75
Session #3 (Evening)	July 24 – August 3	Tuesday – Friday	7:00 – 7:30 PM	\$57.75
Session #4	August 14 – August 24	Tuesday – Friday	10:30 – 11:00 AM	\$57.75

Swim Kids 5/6

Session #1	May 15 – June 7	Tuesday / Thursday	3:30 – 4:00 PM	\$57.75
Session #2	July 3 – July 13	Tuesday – Friday	10:00 – 10:30 AM	\$57.75
Session #3	July 24 – August 3	Tuesday – Friday	10:00 – 10:30 AM	\$57.75
Session #3 (Evening)	July 24 – August 3	Tuesday – Friday	7:30 – 8:00 PM	\$57.75
Session #4	August 14 – August 24	Tuesday – Friday	10:00 – 10:30 AM	\$57.75

Swim Kids 7/8/9/10

Session #1	May 15 – June 7	Tuesday / Thursday	3:15 – 4:00 PM	\$84.00
Session #2	July 3 – July 13	Tuesday – Friday	11:00 – 11:45 AM	\$84.00
Session #3	July 24 – August 3	Tuesday – Friday	11:00 – 11:45 AM	\$84.00
Session #3 (Evening)	July 24 – August 3	Tuesday – Friday	7:00 – 7:45 PM	\$84.00
Session #4	August 14 – August 24	Tuesday – Friday	11:00 – 11:45 AM	\$84.00

Swim Facts: You probably know that your kids need to learn to swim. Drowning is the nation's second leading cause of accidental death for children under 14. Enrollment in swim lessons is the best thing parents can do to prevent drowning. In 2009, the American Academy of Pediatrics found that children enrolled in formal swimming lessons had an 88% reduced risk of drowning.

ADVANCED AQUATIC TRAINING

LIFE SAVING PROGRAMS

Bronze Medallion:

Bronze Medallion teaches an understanding of the lifesaving principles embodied in the four components of our water rescue education: knowledge, judgment, skill and fitness. Participants develop stroke efficiency and endurance in timed swims (500 metres). Includes CPR-A.

Pre-requisites: Ability to swim 500m and tread water for 3 minutes.

Dates: Tuesday - Friday, July 17 - 20

Time: 10:00 AM - 3:30 PM

Cost: \$298, Incl. Canadian Lifesaving Manual

Bronze Cross:

The Bronze Cross award is designed for lifesavers who want the challenge of more advanced training, including an introduction to safe supervision in aquatic facilities. Bronze Cross is a prerequisite for all advanced training programs including National Lifeguard (NL) and Instructor Certification.

Pre-requisites: Bronze Medallion proof of certification

Dates: Tuesday - Friday, August 7 - 10

Time: 10:00 AM - 3:30 PM

Cost: \$170 *Candidates are expected to bring their Canadian Lifesaving Manual from Bronze Medallion.

Lifesaving Instructor (LSI):

The Lifesaving Instructor (LSI) award trains candidates to teach and evaluate the Canadian Swim Patrol Program, the Bronze Medal awards, and a variety of specialized lifesaving programs.

Pre-requisites: Bronze Cross proof of certification and 16 years old by last day of class.

Dates: Thursday - Sunday, October 11-14

Time: Thursday / Friday, 4:00 - 8:30 PM

Saturday / Sunday 10:00 AM - 7:00 PM

Cost: \$275, Incl. all required manuals

Standard First Aid / CPR C:

Comprehensive training covering all aspects of first aid, CPR and AED use! Whether you need training for employment or simply want to be prepared to respond to life-threatening emergencies, this course will give you the skills and knowledge to act with confidence. Through practical activities, you will learn to recognize and treat injuries including head and spinal, soft-tissue, facial, abdominal and chest, burns, bones and joint, and other common medical emergencies. This course is a pre-requisite for taking your National Lifeguard.

Dates: Saturday and Sunday, July 28 & 29

Time: 9:00am - 6:00pm

Cost: \$165

National Lifeguard Program:

The National Lifeguard (NL) award builds on the skills, knowledge and values that the Lifesaving Society teaches in its Pre-Bronze and Bronze Medal awards to develop the practical skills and knowledge required by lifeguards.

Pre-requisites: Bronze Cross proof of certification, Standard First Aid/CPR C proof of certification (current within the last 2 years) current award recommended. Must be 16 years of age by the last day of class.

Date: Wed - Fri/Mon - Wed, August 15 - 22

Time: 8:00am - 5:00pm

Cost: \$495, Incl. lifeguard tool kit and Alert Manual

RED CROSS WATER SAFETY INSTRUCTOR

Water Safety Instructor (WSI)

Course:

Prepares candidates to instruct Red Cross Swim programs. Candidates focus on strategies to introduce and develop fitness activities, skills and water safety, and swimming skills in the Red Cross Swim Preschool, Red Cross Swim Kids, Red Cross Swim @ School, Red Cross Swim @ Camp, Red Cross Swim for Adults & Teens, and Red Cross Swim Adapted Programs.

Pre-requisites:

Swim Kids 10 swimming ability, 15 years old by last day of classroom/pool AND Standard First Aid OR Bronze Cross

Dates and times:

Monday June 11, 4:00 pm - 8:00 pm
(Orientation/Pre-skills screening and WSI Online Introduction)

AND

Teach Experience (See Red Cross Swim lessons for times)

Tuesday - Friday, July 3 - 13

OR July 24 - August 3

OR August 14 - 24

AND

Skills Screening/ WSI Classroom and Pool

Monday - Thursday, August 27 - 30

10:00 am - 6:30 pm

Cost: \$460, includes access to WSI Online and all required resources.

Note: Candidates will require access to a computer and reliable internet connection to complete an online component of the course.

WSI Recertification:

Take this 5 hour recertification clinic to renew your WSI award for another two years.

Pre-requisites: Proof of previous WSI certification issued no earlier than 1996

Date: None scheduled at this time. Check back in Fall 2018 or email aquatic@revelstoke.ca to be put on an interest list.



Water Safety Instructor Skills Evaluation

3-6 hours



Water Safety Instructor Online

14-20 hours



Water Safety Instructor Teaching Experience

minimum 8 hours



Water Safety Instructor Classroom and Pool

9 hours | 12 hours



Water Safety Instructor Certification

AQUATIC PROGRAMS

CHILDCARE PROGRAMS

Our programs combine structured activities along with child directed free play. Our goal is to provide a safe and positive learning environment where each child is nurtured using developmentally appropriate practices. Part of our learning focus incorporates outside play, excursions, creative and imaginative art. Our dedicated teaching staff are certified instructors who work in partnership with parents to build understanding and consistency for the children.

Childcare Staff:

Kaitlin Larson **Pam Hansen**
E.C.E Supervisor E.C.E.A Instructor

Available Classes:

September 4, 2018 – June 21, 2019

Classes end December 22, 2018 and resume January 6, 2019

Classes do not operate during Spring or Christmas Break and on Statutory Holidays.

* Note: Classes do run on Pro D days!

Toddler Time (2 years old born in 2016)

This unique Revelstoke program is influenced by playschool and specifically designed for toddlers.

Monday & Wednesday	70 sessions	1:30pm - 3:00pm	Cost: \$551.60
Tuesday & Thursday	75 sessions	12:30pm - 2:00pm	Cost: \$591.00

FULL - Cool Kids 3/4 (3-4 years olds born in 2015) - *NOW 3 hours!*

This fun and creative preschool program incorporates lots of imaginative games, crafts, music and fun.

Tuesday & Thursday	75 sessions	9:00am - 12:00pm	Cost: \$1068.75
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FULL - Cool Kids 4/5 (4-5 years olds born in 2014)

Our full day preschool program balances kindergarten readiness with child directed free play.

Mon/ Wed/ Fri	106 sessions	9:00am - 1:00pm (<i>Full Day Program</i>)	Cost: \$2014.00
Monday & Wednesday	70 sessions	9:00am - 1:00pm (<i>Full Day Program</i>)	Cost: \$1330.00

Registration:

February 14, 2018 we started accepting registrations and deposits for Sept. 2018 to June 2019 childcare programs with a \$50 non-refundable deposit. Payment options to be confirmed by August 31, 2018 with first payment due prior to the first day of class:

Option 1. Payment in full for entire pre-school term September to June prior to first day of class.

Option 2. 50% prior to first day of class and the balance paid on February 1, 2019.

Option 3. 25% prior to the first day of class with three post dated cheques for the next 3 consecutive months with the remaining balance.

NEW! Automatic credit card payments can be set up for any of the above options.

Registration Procedure and Method of Payment :

1. Registration is ongoing. To avoid disappointment please register early as space is limited.
2. Our programs operate from September to June. When you register you will be registering for the entire preschool term.
3. Registration is being accepted at the Revelstoke Community Centre located at 600 Campbell Avenue.
4. Fees are \$4.75 per hour for all preschool programs and \$5.25 per hour for the toddler program. Payment can be made by cash, debit, cheque, Visa or Mastercard.
5. One of the above payment options **MUST** be made prior to the first day of classes.

NOTE: Government Subsidy is available for families that qualify. Forms are available at the Community Centre. Subsidy applications should be submitted at least 6 weeks prior to the first day of class. Please note that the Toddler Time program does NOT qualify for subsidy. For some, program fees may be tax deductible. Keep your receipts for tax purposes, if you lose your receipts and you require us to do a "receipt search" there is a \$15.00 administrative charge.



Revelstoke Early Childhood Development

Supporting Revelstoke's Young Children and Families
www.revelstokeearlychilddevelopment.com

Revelstoke Early Years Information Office



Early Years
Centre

One Community ~ One Team ~ Supporting the Early Years
Room 120-1001 Mackenzie Ave (Begbie View)

For information on Revelstoke programs and services for families, babies, toddlers and preschoolers call Tracy at 250-805-2305 or email revelstokeecd@gmail.com

Information for Families

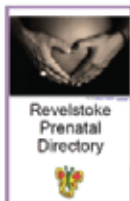
There are a number of resources to ensure that families with young children know where to find information, programs and services in Revelstoke.

Children's Services Directory:

Available throughout the community including the Revelstoke Community Centre, Community Connections, the Revelstoke Child Care Society, Public Health and the StrongStart Centre. (Call for directions)



Prenatal Services Directory: find out more about services and materials available to expecting families. Copies at Public Health, the Community Centre, the Child Care Society and Community Connections. Call for other locations.



Children's Information Boards: located at the Revelstoke Community Centre and at the Begbie View Early Years Centre. These boards provide the latest event and program information.

Young Children's Monthly Calendar:

The latest program and event Information for young children. Pick up your copy at the Leap Land, Community Centre, StrongStart, and other locations!



Want the calendar by email?

Send a note to: revelstokeecd@gmail.com

Early Years service providers are working together to support your family.

Watch for the Early Years Centre Partner sign!



This sign means that you can ask questions about any early years services at this location! You can also pick up copies of the monthly children's calendar and the latest copy of the Children's Directory at locations displaying this sign.

Revelstoke Ages and Stages

~Information for Revelstoke Parents~

If your child is 18 months or 3 years old, your early learning program, preschool or child care centre will offer you an Ages and Stages Questionnaire!

What is the ASQ?

The Ages and Stages Questionnaire (ASQ) provides a quick check of your child's development. Parents have an opportunity to learn about developmental milestones and ask any questions you may have.

What is an ASQ Clinic?

The Ages and Stages Questionnaire (ASQ) Clinic is for parents who would like to learn about their child's development. Clinic staff can answer questions, help you with the questionnaire and talk about development.



Families can request an ASQ for any age from birth to 6 years.

Call Revelstoke Early Years at 250-805-2305 for info
or
Public Health at 250-814-2244 to book an appointment



Like **Revelstoke Early Childhood Development** on Facebook or follow **Revelstoke ECD @revedcd** on Twitter



KIDS' PROGRAMS

**After School Club:**

The City of Revelstoke's Parks, Recreation and Culture department is excited to offer a new After School Club. We have a few part time spots left available for the 2018/19 school year until June 28. The program runs here at the Community Centre from 3pm - 5pm everyday. The kids get lots of space to play, make fun crafts, games and science projects along with swim days every Friday!

Registration for the 2018/19 year is now open. We have information packages and waivers available at the front desk of the Community Centre with additional information.

For more information, contact:
Meghan MacIsaac
prc@revelstoke.ca 250-837-9351
<http://revelstoke.ca/1533/After-School-Program>

PRO-D
DAYS**Pro-D Day Camps:**

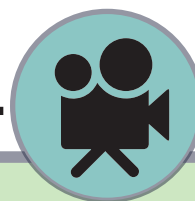
Looking for something to do on those Pro-D days? Join us for a full day of activities including swimming, crafts, and games. Camps are for ages 6 -10 and pre-registration is required. Spots will be limited so be sure to book early.

Please bring swim suit, towel, water, snacks, and lunch.

Full day: 8:30am - 4:30pm
Cost: \$45 per child
(Waiver and form to be filled out upon registration.)



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**Summer Swim, Movie & Pizza Party:**

We are bringing back our swim and movie night for the summer months but this time with PIZZA!! Plan a night out for yourselves and drop the kids with us.

This fun packed evening is great for friends to come and hang out. We will be hosting a swim in the Aquatic Centre from 5 - 6:30pm, pizza & movie at 7 - 8:30pm.

For ages 7 - 12
\$20 per child
(Incl. admission to the Aquatic Centre, pizza and 3.5 hours supervision)

Friday Dates:

June 29 - Schools Out!
July 27 - Midsummer Night Fun
August 31 - Last Days of Summer



KIDS' PROGRAMS



AGES: 6-10



Kids' Food Club:

This is a great opportunity for your kids to learn how to make afterschool snacks and small meals for themselves. This after-school program will run twice a week for 6 weeks. This will provide a part time afterschool activity right until June! Teach your kids the basics of food prep and meals with this interactive and hands on class.

Session : Tues/Thurs May 15 - June 21

Location: Community Centre

Time: 3:30pm - 5:00pm

Cost: \$100 per session

Ages: 6 - 10

AGES: 11-14



Babysitter Training:

Students will develop skills that will help them care for kids of all ages and deal with difficult situations. This class is also focused to help them make safe choices while babysitting. We also teach students Basic First Aid, how to predict future dangerous situations, and what to do in an emergency.

Date: Saturday October 13

OR Saturday November 24

Location: Community Centre

Time: 10:30am - 4:30pm

Cost: \$45

Ages: 11 - 14

(Please bring a lunch and snacks)

AGES: 10-11



At Home Alone:

This program is geared for children 10 - 11 years of age that come home after school and may have to be alone for a couple of hours. The program covers phone precaution, first aid, household hazards and emergency procedures.

Date: Wednesday October 17

OR Tuesday November 20

Location: Community Centre

Time: 3:30pm - 5pm

Cost: \$20

Ages: 10 - 11



KIDS' PROGRAM IDEAS OR SUGGESTIONS

If you have a kids' program, event or idea that you would like to see here at the Community Centre, we welcome your input.

Meghan MacIsaac

Recreation Facility & Program Coordinator

250-837-9351 prc@revelstoke.ca





Revelstoke Child Care Society

Room 124, 1001 Mackenzie Avenue

Phone: 837-6669 Fax: 837-6668

Email: revelstokeccrr@live.ca

Website: www.childcarechoices.ca and follow the links to Revelstoke

The Revelstoke Child Care Society is a non-profit organization that works to provide parents with information about, and access to, quality child care and early learning choices and supports child care providers through training, education and resources.

The Revelstoke Child Care Society gratefully acknowledges the financial support of the Columbia Basin Trust, a regional corporation created to deliver social, economic and environmental benefits to the residents of the Columbia Basin



REVELSTOKE CHILD CARE SOCIETY SUMMER 2018 PROGRAMS!

KIDS ROCK SUMMER DAY CAMP!

For: Kindergarten to Grade 2

Open: 8 am to 5pm

Cost: \$200 per week

Note: \$160 for July 3rd to 6th and August 7th to 10th 2018

(Includes 2 nutritious snacks a day and admission to all activities)

**Payable at time of registration. Registration starts June 4th 2018 and ongoing
1001 Mackenzie Avenue Room 124 ~ 9 am to noon and 1 pm to 4pm**



Do you require summer care for your school aged child?

The Corner Stones Licensed School Aged Centre, “Kids Rock”, offers Summer Daycamp during all 9 weeks of summer vacation. This program is perfect for parents who need full time care and your child wants to go to Daycamp! This summer school aged care program is eligible for Child Care Subsidy to parents who qualify.

Please note, the child must have already attended Kindergarten in order to attend the Summer Daycamp.

Join the licensed staff for an exciting summer of school aged weekly activities:

July 3 rd to 6 th : Explore Revelstoke
July 9 th – 13 th : Fun, Fitness and Friends
July 16 th to 20 th : Silly Science
July 23 rd to 27 th : Amazing Animals
July 30 th – August 3 rd Treasurer Hunters

August 7 th to 10 th : Wild Water Week
August 13 th to 17 th : Wilderness Adventures
August 20 th to 24 th : Creative Chaos
August 27 th to Aug 31 st : Tourist in Our Town

Do you require child care in the summer or fall of 2018?

Do you need a referral to Preschool for September 2018?

Call the Revelstoke Child Care Resource and Referral at 250-837-6669

Revelstoke Child Care Society continued

PLAY IN THE PARK

When: July 4th to August 29th, 2017

Time: Wednesday's 10 am to noon

Where: Queen Elizabeth Park

FREE!

This program is a fun, interactive weekly session for parents and child care providers and their children that is facilitated by an Early Childhood Educator. Arts and crafts, games, songs, Mother Goose, and a light snack are provided. This program is drop in, so no need to register.

Thank you to the Columbia Basin Trust Community Initiatives for assisting with funding for this valuable program!!



StrongStart & Leap Land Summer Program

These programs are parent and child care provider participation and are free of charge. Both are drop in, so no need to register.

Tuesday mornings from July 3rd to August 28th, 2017

StrongStart 9-10:30 am and Leap Land 10:30 to noon.

These programs are offered free of charge thanks to: the Columbia Basin Trust Community Initiatives, the Early Childhood Development Committee, the Early Years Centre; School District #19 and the Revelstoke Child Care Society.

Child Care Subsidy

Do you qualify for Child Care Subsidy from the Province of BC? If you are: working, going to school, looking for work or your child is attending Preschool; and your family income is \$38,000 or less you may be eligible to receive Child Care Subsidy. The Website is:

http://www.mcf.gov.bc.ca/childcare/subsidy_promo.htm

This website has information about eligibility, rates & forms. Or stop into the Child Care Resource and Referral at 1001 Mackenzie Avenue, Room 124, for an information package or call 250 837 6669

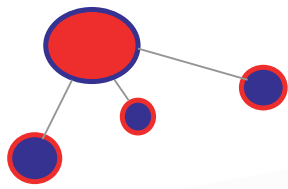
Child Care Resource and Referral

The CCRR Office and Early Learning Lending Library are located in the Early Years Learning Centre at Begbie View Elementary, 1001 Mackenzie Avenue Room 124.

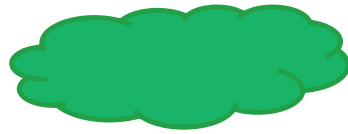
For your **free referral** to all CCRR Registered Family and Group Child Care Providers, please call 250-837-6669.

Also, stop in to see the extensive Early Learning Lending Library.

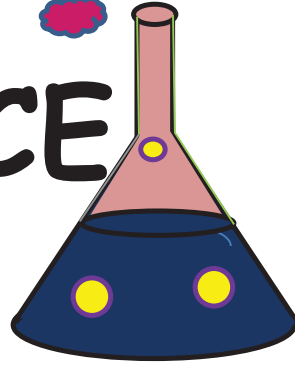




EUREKA!



SCIENCE CAMP



IN REVELSTOKE!

When: July 16th -20th

Who: Anyone 7 to 13 years old

What: A fun, 5-day, hands-on science day camp

Time: Monday – Friday
9:00 am – 4:00 pm

How Much: \$170/camper
Bursary Information Available Upon Request

Where: Revelstoke Community Center



At EUREKA! you will get to do Crazy Chemistry, unBelievable Biology, Exciting Engineering, and Funky Physics. The best part is... you get to do all your own experiments!



THOMPSON
RIVERS
UNIVERSITY

A network
member of
actua.ca

actüa
Youth · STEM · Innovation

Please visit our website

www.tru.ca/eureka

or call us at

(250) 371-5534 to learn more!



Photography in Focus:

Are you dreaming about what life would be like as the next National Geographic photographer? Or maybe you have an eye for Macro, wildlife, portrait or sport photography. Whatever the subject is, you can perfect or improve your technique this week!

This camp is designed for students going into grades 4 - 7 in Sept 2018.

** Please bring a photography device to camp. It could be a point and shoot camera, phone, tablet, iPad, or SLR camera.

July 3 - 6 \$165 (+GST)

July 30 - Aug 3 \$185 (+GST)

Kids' Summer French Camp:

This fun and active course is designed for children going into grades 2 - 4. This course will cover various elements of conversation and incorporate a variety of activities including games, art, music, sports and more.

This camp is open to both French speaking kids who want to keep their language skills sharp over the summer and non-French speaking kids who want to try something new and explore a new language.

July 3 - 6 \$165 (+GST)

August 20 - 24 \$185 (+GST)

To register for Camp OC Programs,

Call: 250-837-4235

Online: www.campoc.ca

Jr. Game Programming using Minecraft:

Do you play Minecraft? So do we! Let's take a closer look at one of the biggest, most creative games ever made and learn a ton along the way. Campers will get into the nitty gritty of what makes a Minecraft world tick. **Participants are expected to already have their own full version Minecraft account on the first day of camp. This camp is designed for students going into grades 3 - 5 in Sept 2018.

August 7 - 10 \$165 (+GST)

Tall Tales and Creative Stories:

Where do all the fairy tales and stories of the world come from? Our imaginations of course! If your imagination runs wild or you feel like being creative in a unique way, this is the camp for you. Become part of a week of fun and practice the art of storytelling as well as creativity with words and other tools such as pictures and stickers!

July 16 - 20 \$185 (+GST)



2019 Banner Program:

Banner painting sessions will be held throughout October and November. We will be posting banner dates by May so keep watch! This is a creative and fun community enhancement initiative for anyone to take part in. We have kids, adults, and businesses that all take part in this program.

You do not have to be an artist to paint a banner! It is fun and easy with local artists on site to help you with your creation. These banners hang in the city streets for the majority of the year. Once they are taken down, they are yours to keep.

Register at the Community Centre:

250-837-9351 prc@revelstoke.ca

Banner painting takes place at the Visual Arts Centre.



Mark your calendars for the upcoming
2018 Screen Smart Week!
 Free events all week long MAY 5th -12th

The "Passport of Events" will be distributed to all students through the schools at the end of April. For more info please visit www.screensmart.ca or email revscreensmart@gmail.com



KIDS SUMMER ART CAMPS

PAINT, SCULPT, PRINT AND MORE!

JULY	AUGUST
23-27	27-31
9 AM- 12 PM	9 AM- 12 PM
AGES 5-7	AGES 8-12

\$200

EMAIL INFO@REVELSTOKEARTGALLERY OR CALL 250-814-0261





REVELSTOKE
PERFORMING ARTS CENTRE

SUMMER CIRCUS CAMP

July 16-20
Mon-Fri
10am-3:30pm

\$150
Ages 8-16

NEW! Become a Circus Camp Mentor!
11+ years and attended Circus Camp twice or more?
Become a Circus Camp mentor for the week with
one-on-one mentorship on Sunday July 15!
Get in touch for more details.

BOOK NOW! Inquiries call 250 814 9325



Green Fools Theatre

BOOK NOW: revelstoheartscouncil.com OR revelstoketheatre@gmail.com



Revelstoke Arts Council gratefully acknowledges the financial support
of the Province of British Columbia and the Province of British
Columbia's Resort Municipality Funding Program.





Summer Day Camp

Get ready for a summer of amazing fun and cool stuff for children aged 6-10



For questions, please contact Erin or Andree at emaclachlan@community-connections.ca and arioux@community-connections.ca or call 250-837-2920 www.community-connections.ca

The camps are offered to all children in Revelstoke, including those who need extra support. Each week is based on a different theme such as: Sports, Arts and Crafts, Wet and Wild, Exploration and Discovery, Nature and Science.

Weekly Camps operate Monday to Friday, from July 9 to August 24.

Financial sponsorships are available for families who qualify.

Watch our website (www.community-connections.ca) during the first week of June for detailed schedules, registration forms and registration times!!



REVELSTOKE  **BAPTIST**
WE EXIST ► FOR JESUS

Sunday Service - 10:30 am

Kids Summer Daycamp - July 22nd - 28th

Contact office for more info on daycamp and summer programs

1806 Colbeck rd.
250.837.9414
www.revelstokebaptist.com
office@revelstokebaptist.com

 www.facebook.com/revelstokebaptist

 [@revybaptist](https://twitter.com/revybaptist)



COMMUNITY CONNECTIONS



PACT Family Drop-in Group: Mon & Thur 9:30-12:30

Bellies & Babies Drop-in: 1) Tu 11:00-1:00, 2) Wed 10:00-12:00

Free Counselling

Supported Child Development Program

Infant Development Program

Youth Services/Mentoring



Food Bank: Fridays 8:30-11:00

Food Connect

Food Security

Housing Outreach Program

Tenant Support Program

Social Justice Advocate



Home Share

Adult Supported Employment

Adult Residential Services

Revelstoke Adult Development Services

SPECIAL EVENTS AND BULLETINS

Youth Mentoring Program

We are looking for adult volunteers, 19 +, to become a friend and mentor to youth.

Please contact Kelly Silzer by phone or email
ksilzer@community-connections.ca

Food Connect

Public Pick-Up

Families & Seniors

Wednesdays 12-1

If you have any questions or would like to find out more please contact us:

314 Second Street East, P.O. Box 2880, Revelstoke, BC, V0E 2S0

Phone (250)837-2920 Fax (250)837-2909 www.community-connections.ca



SUMMER CAMP CALENDAR

JULY 2 - 6

Parks, Recreation & Culture: Tennis Camp - Age 7-14 - 8am-12pm - Queen Elizabeth Park - 250-837-9351
 Wandering Wheels: Kids Mt. Bike Camp - ages 8-10 - 9am-3pm - www.wanderingwheels.ca
 Okanagan College: Photography in Focus - gr. 4-7 - Time: 9am-3pm - 250-837-4235
 Okanagan College: French Camp - gr. 2-4 - 9am-3pm - 250-837-4235
 Kids Rock Camp: Explore Revelstoke - ages K-gr.2 - 8am-5pm - 250-837-6669
 Museum & Archives Explorer's - ages 8-12 on Tues. 2-4pm & ages 4-7 on Thurs. 2-3:30pm - 250-837-3067
 Golf Juniors Camp - July 3-5 - age 8+ - 9-11:30am - 250-837-4276 #3
 Flexpeditions: 3 day Backcountry Flatwater Canoe Trip ages 14+ - info@flexpeditions.com
 Wandering Wheels: Kids Mt. Bike Camp - ages 11-14 - 9am-3pm - www.wanderingwheels.ca

JULY 9 - 13

Community Connections Camp - ages 6-10 - 9am-4pm - 250-837-2920
 Kids Rock Camp: Fun, Fitness & Friends - ages K-gr.2 - 8am-5pm - 250-837-6669
 Museum & Archives Explorer's - ages 8-12 on Tues. 2-4pm & ages 4-7 on Thurs. 2-3:30pm - 250-837-3067
 Flexpeditions: Whitewater Kayak Immersion Program - ages 14+ - info@flexpeditions.com

JULY 16 - 20

TRU Eureka Science Camp - age 7-13 - 9am-4pm - 250-371-5534
 Okanagan College: Tall Tales and Creative Stories - gr. 2-4 - 9am-3pm - 250-837-4235
 Community Connections Camp - ages 6-10 - 9am-4pm - 250-837-2920
 Kids Rock Camp: Silly Science - ages K- gr.2 - 8am-5pm - 250-837-6669
 Museum & Archives Explorer's - ages 8-12 on Tues. 2-4pm & ages 4-7 on Thurs. 2-3:30pm - 250-837-3067
 Performing Arts Centre: Circus Camp - ages 8-16 - 10am-3:30pm - 250-814-9325
 MOSS Sailing Camp - age 6-14 - 9am-3:30pm - Monday through Friday - mattsmider@gmail.com
 Flying Arrow Productions: Summer Theatre Camp - ages 9+ or gr. 3 - 250-200-2179
 Flo Soccer Camp - ages 4-13 - 9am-12pm - www.revelstokealliance.com

JULY 23 - 27

Baptist Church Kids Summer Day Camp - office@revelstokebaptist.com
 Flying Arrow Productions: Summer Theatre Camp - ages 9+ or gr. 3 - 250-200-2179
 Community Connections Camp - ages 6-10 - 9am-4pm - 250-837-2920
 Kids Rock Camp: Amazing Animals - ages K-gr.2 - 8am-5pm - 250-837-6669
 Museum & Archives Explorer's - ages 8-12 on Tues. 2-4pm & ages 4-7 on Thurs. 2-3:30pm - 250-837-3067
 RVAC: Kids' Summer Art Camps - ages 5-7 - 9am-12pm - 250-814-0261 - info@revelstokeartgallery.ca

JULY 31 - AUGUST 4

Community Connections Camp - ages 6-10 - 9am-4pm - 250-837-2920
 Okanagan College: Photography in Focus - gr. 4-7 - 9am-3pm - 250-837-4235
 Kids Rock Camp: Treasure Hunters - ages K-gr.2 - 8am-5pm - 250-837-6669
 Museum & Archives Explorer's - ages 8-12 on Tues. 2-4pm & ages 4-7 on Thurs. 2-3:30pm - 250-837-3067



SUMMER CAMP CALENDAR

AUG 6 - 10

Okanagan College: Jr. Game Programming using Minecraft - gr. 3-5 - 9am-3pm - 250-837-4235
Community Connections Camp - ages 6-10 - 9am-4pm - 250-837-2920
Kids Rock Camp: Wild Water Week - ages K-gr.2 - 8am-5pm - 250-837-6669
Museum & Archives Explorer's - ages 8-12 on Tues. 2-4pm & ages 4-7 on Thurs. 2-3:30pm - 250-837-3067
Just For Kicks Summer Camp - 250-253-0506 or 250-675-2121 - office.jfk@gmail.com

AUG 14 - 18

Community Connections Camp - ages 6-10 - 9am-4pm - 250-837-2920
Kids Rock Camp: Wilderness Adventures - ages K-gr.2 - 8am-5pm - 250-837-6669
Museum & Archives Explorer's - ages 8-12 on Tues. 2-4pm & ages 4-7 on Thurs. 2-3:30pm - 250-837-3067
Flexpeditions: Rugrats Outdoor Adventure - ages 5-10 - info@flexpeditions.com
British Soccer Camp - age 3-16 - 1-800-533-9374 - unsworth@challengersports.com

AUG 21 - 25

Community Connections Camp - ages 6-10 - 9am-4pm - 250-837-2920
Okanagan College: French Camp - gr. 2-4 - 9am -3pm - 250-837-4235
Kids Rock Camp: Creative Chaos - ages K-gr.2 - 8am-5pm - 250-837-6669
Museum & Archives Explorer's - ages 8-12 on Tues. 2-4pm & ages 4-7 on Thurs. 2-3:30pm - 250-837-3067

AUG 28 - SEPT 1

Kids Rock Camp: Tourist in Our Town - ages K-gr.2 - 8am-5pm - 250-837-6669
Museum & Archives Explorer's - ages 8-12 on Tues. 2-4pm & ages 4-7 on Thurs. 2-3:30pm - 250-837-3067
RVAC: Kids Summer Art Camps - ages 8-12 - 9am-12pm - 250-814-0261 - info@revelstokeartgallery.ca



Having the best summer
ever thanks to all
the great activities in
Revelstoke! 😊
Wish you were here!

REVELSTOKE RAILWAY MUSEUM

The museum presents the history of the Canadian Pacific Railway in the Columbia Mountains, as well as the role the railway, and its workers, have played in building Canada as a nation.

BE SURE TO TRY OUR LOCOMOTIVE SIMULATOR!

Upcoming Spring and Summer Events:

May 1st: The Last Spike at Craigellachie opens for summer

May 1st: Revelstoke Railway Museum open 9am - 5pm

May 5th: Community Screen Smart event partnering with LEGO

July 1st: Canada Day

August 11th: Family Day event at Revelstoke Railway Museum

OPEN YEAR ROUND!

Hours:

Daily: 9am—5pm from May 1st

Last Spike Gift Shop and Interpretive Centre, at
Craigellachie, on the Trans Canada Highway

Open daily from May 1st 250-836-3554

We are pleased to offer the following additional
services and activities:

- Group tours
- Revelstoke Model Railroad Club layout
- Gift Shop
- Rental Facilities for your group or event
- Birthday Parties
- Retired Railroaders Outreach Program
- Children's caboose play room
- Annual Membership Pass
- Volunteer opportunities



ART CLASSES

BY: BARBARA MAYE, BFA

Barbara Maye is an accomplished, multi-media artist with over 10 years of teaching experience and a Bachelor's Degree in Fine Art. Residing in Revelstoke, BC, she offers art courses in several media.



Water Media Drawing:

Water media can be both challenging and exciting. Learn the basic principles of drawing in wet media while experimenting with graphite wash pencils, water colour pencils, gouache and wet pastel, both individually and combined.

Look for more classes like this in the upcoming Fall and Winter Leisure Guides.

For summer art class registration, please contact the Community Centre:

250-837-9351 prc@revelstoke.ca



Figural Drawing:

Working each other and a live model, this class will explore the figure and portraiture in both realism and abstraction. Course will cover model etiquette, proportion, tricks and tips, light and value. Experiment with several provided dry media in neutral and colour. Practice short and long poses with the model.

Date: Saturday May 5, 2018 (One Day Only)

Time: 12:30 – 4:30pm

Location: Boulder Room, Community Centre

Course Fee: \$85 (Incl. all supplies and model fees. Student brings own sketchbooks – small and large)

MIN 6 Students, MAX 10 Students



Wire Sculpture:

Try your hand at art in the round! Working with wire can be challenging but oh so rewarding! Learn sculptural concepts like balance, form, and aesthetics while creating wire art. Abstract, kinetic and realistic options in form can be explored with several types of wire media.

Date: June 2 & 3, 2018 (Weekend Workshop)

Time: 12:30 – 4:30pm

Location: Boulder Room, Community Centre

Course Fee: \$160 (Incl. all supplies and tool usage)

MIN 6 Students, MAX 10 Students



Sketching at Inspiration:

Short field trips sketching whatever catches your eye will be followed by studio time translating your sketches into larger imagery. The opportunity and guidance to experiment with several or mixed media will be available with a variety of materials provided.

Date: July 14 & 15, 2018 (Weekend Workshop)

Time: 12:30 – 4:30pm

Location: Boulder Room, Community Centre

Course Fee: \$140 (Incl. all supplies)

MIN 6 Students, MAX 15 Students

CHEESEMAKING

BY: PAULA NELSON-MADDISON



About Paula:

Living on Gabriola Island for nearly 20 years and trying to be as sustainable as possible, Paula Maddison has spent the past 7 years hand crafting her own delicious cheeses. Paula started teaching the lost art of cheese making over 5 years ago. Using products readily available and demystifying the idea that cheese making is difficult, Paula's classes are comprehensive, delicious and a lot of fun. Bring a good appetite and be prepared to create some amazing and delicious creations.

To register, contact the Community Centre:
250-837-9351 prc@revelstoke.ca



Madd Edible Science:

Hey kids! Come and spend a few hours with Paula and learn all about changing a liquid into an edible, stretchy, yummy cheese! Paula will show you how to make home made mozzarella cheese plus you'll learn about chemistry, history and so much more!

Date: Tuesday July 10, 2018

Time: 4 - 5pm

Location: Boulder Room, Community Centre

Course Fee: \$40 (Incl. enough to make 4 lbs of mozzarella at home with family, cheese making kit included and instructions)

Ages: 6-14



Mozzarella, Burrata and Bocconcini:

Learn how to make your own hand stretched mozzarella cheese turning it into an appetizer worthy of the cover of *Bon Appetit Magazine*! This is a demonstration style: Taste, Touch, Feel class that will demystify the process of making your own cheese. You will learn how to make your own mozzarella as well as learn some creative and unique serving ideas. Instructions and ingredients to make over 4 lbs of mozzarella at home are included.

Date: Monday July 9, 2018

Time: 6 - 8pm

Location: Boulder Room, Community Centre

Course Fee: \$70 (Incl. cultures and ingredients to make cheese at home)



Farmer's Style Cheddar:

Learn how to make your own Farmer's Style cheddar cheese using store bought milk. Join Paula and learn how easy it is to make your own cheeses at home! Paula demystifies the process of producing your own home dairy products and teaches you unique and creative ways of enjoying the cheeses you produce. Paula's classes are comprehensive and lots of fun!

Date: Tuesday July 10, 2018

Time: 6 - 8pm

Location: Boulder Room, Community Centre

Course Fee: \$70 (Incl. cultures and ingredients to make cheese at home)

Revelstoke Museum & Archives

CELEBRATING OUR HISTORY

Revelstoke Museum & Archives features two floors of exhibits, archives & reference room, a gift shop, and a public garden. We would be happy to assist you with photograph reproductions & home searches from our archives. We have a family oriented museum, with many children's activities available.

Group tours and programs arranged upon request.

BROWN BAG HISTORY

Join us every other Wednesday (or as scheduled) for a talk on local history from 12:15 to 1 pm. Bring your bag lunch. Coffee and cookies are provided. \$5 per person.

May 9: Japanese Internment Camps in Eagle Pass

May 23: Revelstoke in the Victorian Era

June 6: Revelstoke in 1968

June 20: Brown Bag Picnic - end of season.

Brown Bag History will resume in September.

HERITAGE EXPLORERS CHILDREN'S PROGRAM

This popular program offers educational activities, crafts, and games in the museum setting to allow children to explore Revelstoke's heritage in a fun and interactive way.

Ages 4-7 Every Thursday in July and August 2:00 pm - 3:30 pm

Ages 8-12 Every Tuesday in July and August 2:00 - 4:00 pm

Themes to be announced in June.

To register email program@revelstokemuseum.ca or call 250-837-3067.

Cost is \$5 per child.

Brown Bag History BOOK LAUNCH

Watch for the date for the launch of Volume 2 in our Brown Bag History book series: Revelstoke - Creating a Community coming this June.

Stories Beneath the Surface EXHIBITION OPENING

Watch for the date for the launch of our new exhibition that explores the history of the communities from Revelstoke to the Upper Arrow Lakes that were displaced due to the dam at Castlegar. Coming this summer.

DOWNTON HERITAGE WALKING TOURS

Meet at the museum for a 1 hour guided tour of Revelstoke's historic downtown.

Tours start at 11:00 am every Tuesday in June and July, starting June 5. \$5 per person.

HERITAGE CEMETERY TOURS

Meet at the cemetery gates or call the museum for a ride. The guided tour takes about 1 ½ hours and explores the history of the cemetery and the stories of Revelstoke pioneers. Tours start at 3:00 pm. \$5 per person. Thursdays: June 14, June 28, July 12, July 26. Private group tours can also be arranged. Call the museum for more information.

HOURS:

Monday-Friday:

10:00 am to 5:00 pm

Saturday: 11:00 am to 5:00 pm

ADMISSION:

Adults: \$5.00 Family:

\$12.00 Seniors (60+) &

Teens: \$4.00

Children under 12: FREE

Members: FREE

BECOME A MEMBER:

Join the Revelstoke Museum & Archives Association & help to celebrate & preserve our community's history.

Visit our website for details.



follow us on facebook

RECREATION CLUBS IN REVELSTOKE 2018

Recreation Clubs: If your contact details have changed, please let us know.

Aquaducks Swim Club	<i>Christina Griffith, 837-8851</i>	LFI Summer Market	<i>Kate Borucz, market@revelstokelocalfood.com</i>
Alpine Ski Club	<i>Rod Sidjak, rsidjak@revelstokevet.com</i>	Masters Swim Club	<i>Tanya Traverse, 837-5627</i> revelstokemasters@outlook.com
Arts Council	<i>Miriam Manley, 814-7386</i> revelstoketheater@gmail.com	Minor Ball	<i>Mandy McQuarrie</i> revelstokeminorball@hotmail.com
ATV Club	<i>Ron Leroy, 837-4708</i>	Model Railroad Club	<i>Doug Mayer, 837-5399</i>
Badminton	<i>Dawn Doeber, 814-4525</i>	Mt. Begbie Rifle & Pistol Club	<i>Gordy Gowanlock, 837-4830</i>
Bear Aware	<i>Maggie Spizzirri, 837-8624</i>	Museum & Archives	<i>Cathy English, 837-3067</i>
Bowling	<i>Agnes Kowalsuk, 837-2144</i>	Nordic Ski Club	info@revelstokenordic.org
Boxing	<i>Sam LeRose, 837-6619</i> <i>A.J., 814-9403</i>	North Columbia Environmental Society	<i>Kate Borucz, info@northcolumbia.org</i>
Cadets	<i>Chriss Harvey, 780-622-5669</i>	Quilters Guild	<i>Bev Weige, 837-2494</i>
Columbia Valley Skateboard Association	<i>814-8710</i> revelstokeskatepark@gmail.com	Revelstoke Paddlesport Association	<i>814-7473</i> <i>Bill Pollock, info@paddlerevelstoke.ca</i>
Community Band	<i>Dennis Grey, 837-6573</i> revelstokecommunity@gmail.com	Rod & Gun Club	info@revelstokerodandgun.ca
Community Choir	<i>Clara Maltby, 837-5845</i>	Roller Derby	revelstokerollerderby@gmail.com
Crime Stoppers - Revelstoke	<i>Teresa LeRose, 837-7852</i> teresa.lerose@telus.net	Scouts Canada	<i>837-5845</i>
Curling Club	<i>Bob Holland, 837-4356</i> revcurler@gmail.com	Selkirk Saddle Club	selkirksaddleclub@gmail.com
Cycling Association	<i>Henning Schipper, 683-9020</i> info@bikerevelstoke.org	Seniors Centre - Office	<i>837-9456</i> revelstokeseniors603@gmail.com
Dragon Boat Association	<i>837-1089</i>	Skating Club	<i>Tanya Secord, 814-8606</i>
Farm and Craft Market	<i>Tamaralea Nelles, 837-9422</i>	Snowmobile Club	<i>Daniel Kellie, 837-9594</i>
Football (Soccer) Club Competitive - Travel League	<i>Sergio Spataro, 837-0010</i>	Snowmobile Society - Office	<i>837-3325</i>
Genealogical Society	<i>John Meade, 837-6440</i>	Soccer - Adult Men	<i>Patrick Roche, 837-4655</i> <i>Peter Nielsen, 814-3027</i>
Girl Guides of Canada	<i>1-800-565-8111</i> (Brownies, Girl Guides, Pathfinders, Rangers)	Special Olympics	<i>Jason Stewardson, 814-9235</i>
Golf Club	<i>Dean Jackson, 837-4276</i>	Squash Club	<i>Kevin Dorrius, 814-9790</i>
Groupe Culturel Francophone	<i>Sara Dupius, 837-8072</i> sarradupuis@hotmail.com	Theatre Company	<i>Martin Ralph, 837-1161</i>
Highlanders Pipe Band	<i>Louisa Dubasov, 837-6385</i>	Toastmasters	<i>Terry Crane, Facebook: Revelstoke Toastmasters</i>
Hockey (Minor)	<i>Matt Cameron, admin@revmhna.com</i>	T.O.P.S (Take Off Pounds Sensibly)	<i>Terry Sutherland, 837-4852</i>
Hockey (Recreational)	<i>Randy Driediger, 814-1000</i>	Trees for Tots	<i>Linda Beerling, 837-6024</i>
Hockey (Women's)	<i>Whitney Kendrick, 837-7987</i>	Vintage Car Club	<i>Dennis Berarducci, 837-5528</i>
Italian Canadian Club	<i>Frank Pupo, 837-3867</i>	Visual Arts Centre	<i>Victoria Strange, 814-0261</i>
Judo Club	<i>Cornelius Suchy, 814-7184</i>	Winemakers Guild	<i>Mike Dragani, 837-9418</i>
Just for Kicks Dance Studio	office.jfk@gmail.com	Winter Market	<i>Herman Bruns, 838-7447</i>
Karate (Shotokan)	<i>Chic Sharp, 837-4884</i>	Youth Soccer	contactrysa@gmail.com
Knights of Pythias	<i>Kevin Coulter PGC, 837-5476</i>		



Karate B.C. and Canadian Shotokan Karate Association affiliated.

Shotokan Karate is a Japanese form of martial art, offering effective means of self defense, physical conditioning, mental discipline and increased flexibility.

Established in Revelstoke for 36 years;
Traditional Karate Bo and Grappling are taught.

We have much to offer for every member
of the family.

For more information or to register
Call 250-837-4884

CLASSES:
Monday & Wednesday

Beginner & Advanced Juniors (7-12 Years)
5:00 pm-6:00 pm

Adults (13 Years and Up)
6:30 pm-8:00 pm

Thursday

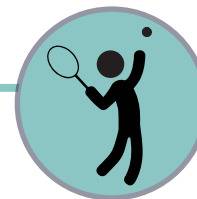
Children (4-6 Years, accompanied by an adult)
5:30 pm-6:30 pm

Private Lessons Available
INSTRUCTOR: CHIC SHARP
Yondan (4th degree black belt)
Karate B.C. Certified Coach
N.C.C.P. Certified Coach
C.S.K.A. Certified Instructor
Bachelor of Science in Psychology

New members are accepted at any time



TENNIS CAMP



Revelstoke Summer Tennis Camp:

Tennis is a social sport and is accessible to persons of all ages. Tennis can be played all over the world with minimal cost and equipment. Through developing hand-eye coordination and skills, many people are actively involved in tennis throughout their life. This summer camp will be open to youth from ages 7 to 14. The camp will provide youth an opportunity to learn basic stroke technique and skills, as well as the rules of playing tennis. Bring lots of water, snacks, sunscreen and energy. It's fun and all about tennis!

Tennis racquets and balls will be supplied and all lesson activities occur at and around the Queen Elizabeth Park Tennis Courts from 8 am to noon. Bring running or court shoes appropriate for playing tennis and running around in the park. No flip flops! This camp will also involve the rules and etiquette of tennis. Respect for all participants and coaching staff is expected.

Date: July 2 - 6, 2018

Time: 8am - 12pm

Location: QE Park Tennis courts

Course Fee: \$50

Age: 7 - 14

MIN 6 Participants, MAX 12 Participants

Sponsored by:



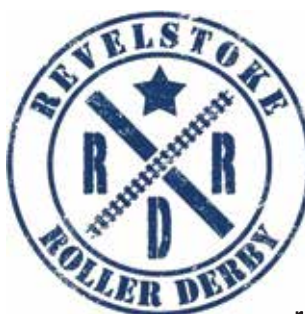
We want you



Looking for Players, Referees,
Timekeepers, Scorekeepers and
Fans for the 2018 season

Bouts: June 2nd and July 7th

Find us on our Facebook page
Revelstoke Roller Derby or at
revelstokerollerderby@gmail.com





SIGN UP FOR CAMP

the most popular soccer program in North America!



Powered by iChallenge. Now your child can have their own year-round personal coach!

REVELSTOKE SOCCER CAMP

AUGUST 13-17TH @ QUEEN ELIZABETH PARK

First Kicks	3-4yrs	1-2pm	\$107
MiniSoccer	4-5yrs	1-2:30pm	\$122
Half-Day	6-16yrs	9-12pm	\$156
Half-Day	6-16yrs	1-4pm	\$156
Full-Day	7-16yrs	9am-4pm	\$223

Players will be grouped by age and/or ability. Register online by June 29th to receive your Free Jersey. S&H Fees Apply. Available white socks last.

Questions? Phone: (800) 533-9374
Email: runsworth@challengersports.com

CHALLENGER SPORTS.COM

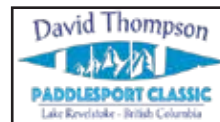


CHALLENGER SPORTS

David Thompson Paddlesport Classic

Mica Creek to Revelstoke Dam

August 17 - 19, 2018



The second 3-day, 125 kilometer, David Thompson Paddlesport Classic with 7 short portages awaits anyone with a kayak, canoe, SUP or other vessel. The event is open to competitive and recreational paddlers to experience adventure and friendly competition amid some of the most breathtaking scenery in Canada.

The non-competitive OPEN CLASS is for those paddlers who just want to complete the course and earn the coveted 125 km distance pin. It is a great class for families.

Those who want to race enter in the boat class that best fits their vessel and are eligible for the unique and prestigious wooden medals for 1st, 2nd and 3rd in their boat, age and gender class in addition to distance pins.

Those interested in paddling only one day are welcome on Sunday. Entry deadline is July 15.



Rob Buchanan photo

See all the details at
www.paddlerevelstoke.ca
or phone **(250) 814-7473**.



FLO

soccer camp

BROUGHT TO YOU BY
REVELSTOKE ALLIANCE
CHURCH

July 16-19
9am-noon
ages 4-13

\$85 before June 1
\$100 after

To Register visit our
events page:

www.revelstokealliance.com

Professional players
sharing a
passion for soccer
and life.

10 years in a row!!

*We have a new look
But same
program!!*

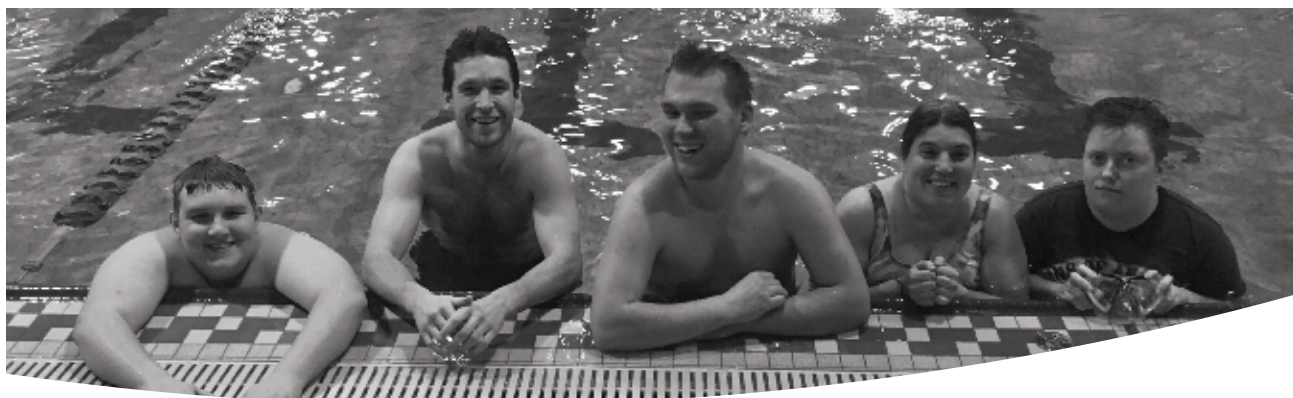


bike to work & school week

May 28th—June 3rd

To register go to: biketowork.ca

GoByBikeBC 
REVELSTOKE



Special Olympics BC – Revelstoke is welcoming athletes and coaches to join our life-changing sport programs!

- Spring/summer programs:**
- Club Fit – Thursdays 6 to 7 p.m.
 - Swimming – Mondays 6 to 7 p.m.
 - Floor hockey is coming this fall

Special Olympics BC is dedicated to enriching the lives of individuals with intellectual disabilities through sport.

Check out our Facebook page for weekly updates!
Search Special Olympics BC – Revelstoke
To get involved, please contact Local Coordinator Heather Hood:
heatherhood@telus.com | 250-814-8899

**Special
Olympics**
British Columbia





WANDERING
HEELS

2018 KIDS CAMPS

BOOK ONLINE AT WWW.WANDERINGWHEELS.CA

**AGES
5-7**

Mini-Shred Saturdays 3 week learn to ride program

MAY 12|19|26

\$115

**AGES
8-10**

Kick Start Saturdays 3 week progressive skills program

MAY 12|19|26

\$175

Kids MTB Camp 3 days of riding, skills, games, and fun

JULY 3-5

\$175

**AGES
11-14**

Sunday Fundays 3 week program at Macpherson + Road Trip

MAY 13|20|27

\$195

Little Shredders Skills Camp 3 fun days of riding & coaching

JULY 3-5

\$195

**RSS
Students**

New RCA Youth MTB Club! Visit www.bikerevelstoke.org

MAY & JUNE

FREE



We have all sizes of **kids bikes**
from **run to 26"**
and with our

JR BUY BACK PROGRAM
we make it easy to keep your kids
in the **right size!**

250-814 0090
116 McKenzie Ave
Open 7 days a week!

MOUNTAIN BIKES

ROAD BIKES

TOWNIES/COMMUTERS

CHARIOTS



SPORTS & WELLNESS

Just for Kicks Dance Studio

2018 Summer Camp



Jazz Tap Modern Lyrical Hip Hop

August 07-10, 2018

Watch for info on our Spring Session!

If you have further questions, please contact
Kelly 250-253-0506 office.jkf@gmail.com or Patty 250-675-2121



DAILY YOGA CLASSES

We Help You:

Find Inner Balance • Create A Healthy Body & Mind
Reduce Stress • Decrease Anxiety
Keep You Feeling Young • Feel Supported
Improve In Any Sport

15 TALENTED TEACHERS
30+ CLASSES PER WEEK

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LET'S GROW TOGETHER

COMMUNITY GARDENS EDUCATION WORKSHOPS COMMUNITY EVENTS



REVELSTOKELOCALFOOD.COM



FAMILY FUN RUN



2K 5K 10K

SUNDAY MAY 6TH, 2018
QUEEN ELIZABETH PARK
9:30 START

CASH PRIZES
COSTUME CONTEST
OPEN TO EVERYONE
DETAILS & REGISTRATION
AT REVCU.COM



NO
ENTRY
FEES



COMMUNITY INFO

Got food?

Photo courtesy: Peter Sulzle

*Keeping bears wild
& communities safe*

- ✓ Keep garbage locked up until collection day
- ✓ Harvest ripe fruit and pick up windfalls
- ✓ Store pet food and livestock food securely
- ✓ Use birdfeeders only in winter



Excess fruit?

*The Gleaning Project
can help*

- FREE SERVICE:
- ✓ Share your harvest with our community
 - ✓ Excess fruit goes to the food bank
 - ✓ Help reduce bear attractants

For more information: revelstokebearaware.org | [f @revelstokebearaware](https://www.facebook.com/revelstokebearaware)

CALENDAR OF EVENTS - SUMMER 2018

May to September	Revelstoke Cycling Association (RCA) 2018 Fiver Series Bike races: Enduro and Cross-Country held every Wednesday throughout the season. For more information visit: http://bikerevelstoke.org/enter/ OR call: (250) 837 5910.	Various Biking Locations
May to June	Free Junior Golf Lessons Every Monday (excluding Holidays) there will be free lessons for Juniors from 5pm-6pm. For more information please visit: www.revelstokegolfclub.com or call (250) 837 2440.	Revelstoke Golf Course
May- September	Golf Club Ladies' Day Every Tuesday different games and events, followed by an evening social for women. For more information please visit: www.revelstokegolfclub.com or call (250) 837 2440.	Revelstoke Golf Course
May- September	Golf Club Mens' Day Every Wednesday different games and events, followed by an evening social for men. For more information please visit: www.revelstokegolfclub.com or call (250) 837 2440.	Revelstoke Golf Course
May to October	Farmer's Market Every Saturday between 8am and 1pm browse local artwork and tantalize your taste buds with some sweet eats.	Mackenzie Avenue
May 5	Revelstoke Women's Mega Clothing Swap Fundraiser All proceeds of the event going to Charity. Entry \$5 with clothes \$10 without clothes. Help yourself to a new wardrobe and help our environment. For information: alexandra.ast@outlook.com	Community Centre
May 6	Family Fun Run Revelstoke Credit Union hosts the annual road race event. 10K, 5K, and 2K races for all age groups. Big Cash prizes with entertainment and fun for the whole family. Races start at 9:30 a.m. Details and Registration: https://www.revccu.com .	Queen Elizabeth Park
May 20	Community Golf Day Locals play free with Food Bank donation after 11am. For more information please visit: www.revelstokegolfclub.com or call (250) 837 2440.	Revelstoke Golf Course
May 28-June 3	Annual Bike to Work (and School) Week Bike to work! Be a part of a team, be a team leader, be part of the action! Contact: prc@revelstoke.ca or (250) 837 9351	All Over Town
May 5-12	Screen Smart Challenge Helping families manage media by hosting a number of FREE community events. The "Passport of Events" will be distributed to all students through the schools at the end of April. For more information visit: www.screensmart.ca	Events Across Town
May 19	Timber Days - Professional Logging Show Revelstoke will be host for a world class Timber Day competition celebrating our community's logging heritage! Packed with family fun for all ages includes community and kids events as well as logging sports events. For more information: revelstoketimberdays@gmail.com	Centennial Ball Fields
June 2	100 In 1 Day Inspires residents to activate 100 innovative, thought-provoking ideas into interventions to transform their city all on one day. Do you want to be involved? Do you want to share your talents or passions with the community, all while encouraging community members to get involved. Get in touch and we will help you organize your ideas! Contact: Kate Borucz 250-683-8721	All Over Town
June 2	Roller Derby Bout Come see the Revelstoke Derailers take on the Farmers' Slaughters from Armstrong in their first bout of the season. Doors open at 6pm and the game starts at 7pm. Tickets are \$8 in advance or \$10 at the door. All ages with Beer Garden area!	Revelstoke Forum
June 3	Mountain Paradise Show and Shine A variety of vintage, modified hot rod cars and muscle cars for everyone to enjoy between 10:00am -4:00 pm. Contact: Don Hawker 250-837-4453 or Randy Knecht 250-837-0109	Downtown, Revelstoke

CALENDAR OF EVENTS - SUMMER 2018

June 23-24	Big Bear Classic Soccer Tournament Teams have the option to play on Friday night, June 22nd. Then carry on from 9am-8pm on Saturday and 9:00am-4:00pm on Sunday. The beer gardens will begin Friday night at 4pm and will be open all weekend. For more information please visit: www.revelstokemenssoccer.com	QE & Centennial Park Fields
July & August	Revelstoke Summer Street Festival Every evening, all summer long, you can enjoy free live entertainment. Come out to see live bands, theatrical productions, magic acts, and more in the heart of Revelstoke's historic downtown. The event is sponsored by the City of Revelstoke and presented by the Revelstoke Arts Council.	Grizzly Plaza
July & August	Jr. Naturalist Summer Program Help encourage your child's natural curiosity for outdoor education with our Jr. Naturalist program. Tuesdays will be for kids 5-7 years old and Wednesday will be for kids' 8-11 years old - both days will run from 9am-2:30pm. For more information email: info@northcolumbia.org .	Various Locations
July 1	Canada Day 151st Celebrations Come and celebrate being Canadian at QE this year! Day starts at 12 noon with the Parade through Downtown Revelstoke ending at the park. Join us for live music, kids games, food, and fun!	Queen Elizabeth Park
July 3-5	Junior Golf Camp Camp will run from 9am – 11:30am each day. To register visit: www.revelstokegolfclub.com or call (250) 837 2440	Revelstoke Golf Club
August 10	Seniors Mixed Open Golf Tournament Open Tournament for people over the age of 50 competitive and non-competitive categories. For more information please visit: www.revelstokegolfclub.com or call: 250-837 2440.	Revelstoke Golf Course
August 11	Mixed 2 Ball Golf Tournament New golf tournament this year with a 9am shotgun start. For more information please visit: www.revelstokegolfclub.com or call: 250-837 2440.	Revelstoke Golf Course
August 12	The North Face "Dirty Feet" Trail Running Race Trail running race: 5km, 10km, 21km, and 42km options. To register: http://www.dirtyfeet.ca/trail-running-races/revelstoke/	MacPherson Trails
August 25	RCU Movie In the Park Revelstoke Credit Union will be hosting an outdoor cinema event you shouldn't miss. Food, film and fun for the whole family. Showtime will be at dusk.	Queen Elizabeth Park
August 26	Mt Revelstoke Steamer Road Hill Climb Individual time trial up the Meadows in the Sky Parkway in Mount Revelstoke National Park makes this Canada's longest hill climb. For more information visit: http://bikerevelstoke.org/mount-revelstoke-steamer/	Mount Revelstoke National Park
September 1-3	Labour Day Open - Golf Tournament	Revelstoke Golf Course
September 8-9	Annual Little Bear Soccer Tournament Come enjoy Junior Soccer at its best with 35 teams. There will be a fun skills competition on Saturday night for penalty shots and ball juggling. Contact: Alan Chell 250-837-2965 (h) Email: achell@live.com	Centennial and QE Park
Sept 14-16	Bike Fest Bike Fest is an annual event in Revelstoke. It is a gathering of bike enthusiasts for a weekend of fun and camaraderie! Group Rides, Scavenger Hunt, Kids Events, Live Music. For more information: https://bikerevelstoke.org/	All over town
Sept 15	Revelstoke Women's Enduro Race will involve 4 stages and will end with a party in town. For more information: http://revelstokewomensenduro.ca/	Boulder and MacPherson Mountain

Visit: www.seerevelstoke.com for much more information on Revelstoke!

Inspiring the next generation



Community Junior Program

Where all kids (18 and under) in Revelstoke
get a free membership, no strings attached!



250-837-4276

golfrevelstoke.com